A TINY COMIC
A KID'S GUIDE TO COVID-19
I'M SURE THAT YOU ARE HEARING ABOUT COVID-19 LATELY. ALL THE ADULTS ARE TALKING ABOUT IT. IT'S IN THE NEWS, ON THE INTERNET, AND MAYBE EVEN THE SCHOOL CAFETERIA. (WHICH IS NOW PROBABLY YOUR KITCHEN)
COVID-19 MAY EVEN BE IN YOUR COMMUNITY.
WE ARE STILL LEARNING ABOUT THE VIRUS, BUT HERE IS WHAT WE KNOW SO FAR...
Covid-19 is similar to the flu. Since it's so new, doctors and nurses don't have a cure for it yet.
The good news is that the smartest doctors in the world are working hard on a vaccine, but in the meantime, we all have to work together.
Covid-19 spreads from person to person, mostly through coughing or touching contaminated people and surfaces.

When a lot of people are gathered together in one space, it’s easier for Covid-19 to spread, so for now, we will all be safer if we practice social distancing.
Social distancing means that you try and avoid crowded places and keep a safe distance (6 feet) from people when you are walking around.
Most people who get COVID-19 will be totally fine.

In fact, kids usually just get a fever, cough, and a runny nose and then are back to normal.
OLDER PEOPLE, LIKE GRANDPARENTS, AND PEOPLE WITH HEALTH PROBLEMS ARE MORE AT RISK OF GETTING SERIOUSLY ILL. IT'S IMPORTANT TO MAKE SURE THESE PEOPLE DO NOT COME IN CONTACT WITH SOMEONE WHO HAS COVID-19.
IN EXTREME CASES, QUARANTINES OR SELF-ISOLATION MIGHT BE NECESSARY.

A QUARANTINE IS KIND OF LIKE A BUBBLE THAT'S TEMPORARILY PLACED OVER AN AREA TO KEEP PEOPLE FROM GETTING IN OR OUT.
When something dangerous like Covid-19 starts spreading quickly, a quarantine can help stop the spread and keep people safe.

Self-isolation is kind of like a quarantine but just for one person. If someone thinks they have Covid-19, they should choose to stay home and avoid contact with other people for a few days. That’s self-isolation.
BUT DON'T WORRY, EVEN IN QUARANTINES AND SELF-ISOLATION, YOU CAN STILL READ BOOKS, WATCH TV, PLAY GAMES, AND DO TONS OF OTHER FUN THINGS.
Wear fun things you never got to wear to school!

And it might sound crazy, but after your parents are done with work - play a game with them!
THE MOST COMMON SYMPTOMS OF COVID-19 ARE COUGHING, TROUBLE BREATHING, AND A FEVER, BUT MANY PEOPLE WHO HAVE THE VIRUS DON'T SHOW ANY SYMPTOMS AT ALL.
This is why it's so important to be extra careful, especially when you're around other people.

The three most important things you can do to avoid COVID-19:
1. Wash your hands often
   Wash with soap and water for 20 seconds!

2. Cover your mouth when you cough
   Try coughing into your elbow like Dracula!
   It’s weirdly hard... takes practice

3. Try not to touch your face.
   It’s weirdly hard... takes practice
Oh, and avoid high fives. Air high fives are cool though.
So, don't forget. Cover your mouth when you cough or sneeze and be kind to everyone. Kindness alone won't keep the virus away, but it will help make the world a better place.